



**Nexus-Kindred**  
FAMILY HEALING



2022 ANNUAL REPORT

# A Letter from Our CEO & Executive Director

At Nexus-Kindred Family Healing our foster and adoptive parents create hope for so many children and teens by providing a safe place to call home, temporarily or permanently. We are so grateful for their commitment and for your support of their work.

This past year, thanks to our dedicated staff, foster parents and supporters like you:

- Nexus-Kindred provided safe, nurturing foster homes to 320 Minnesota youth in need of supportive temporary care.
- Eleven youth, who faced multiple foster placements throughout their lives, found stability and permanency with adoptive families.
- Twenty-one new foster families were licensed to meet the growing need for safe places for youth and 118 of our foster/adoptive families completed extensive, trauma-informed training to help them support the increased number of youth needing care for mental, emotional, and behavioral health issues.
- Youth who are aging out of foster care received additional mentorship and resources to support them in becoming independent as they transition into adulthood through an expansion of our STAY (Successful Transition to Adulthood for Youth) program. The program now serves 22 counties within Minnesota.

## Our Mission

Changing the course of a child's life by stabilizing families and strengthening mental health.



**Dr. Michelle K. Murray**  
President/CEO  
Nexus Family Healing



**Nicole Muecheck**  
Executive Director  
Nexus-Kindred  
Family Healing

Your support helps us recruit foster parents and prepare them for the mental and emotional challenges they may encounter. You give foster parents, families, and youth access to mental health services to support their journey through our specialized community programs. You give kids in foster care a chance to just be kids and experience the “fun stuff” by providing for sports tickets, trips to parks and fairs, time in nature, and some of the comforts of home.

As the new Executive Director of Nexus-Kindred, I am excited to see where we go next — the difference we can make together for hundreds of kids waiting for a safe, loving space to heal.

**Thank you for being part of the truly life-saving work happening at Nexus-Kindred.**



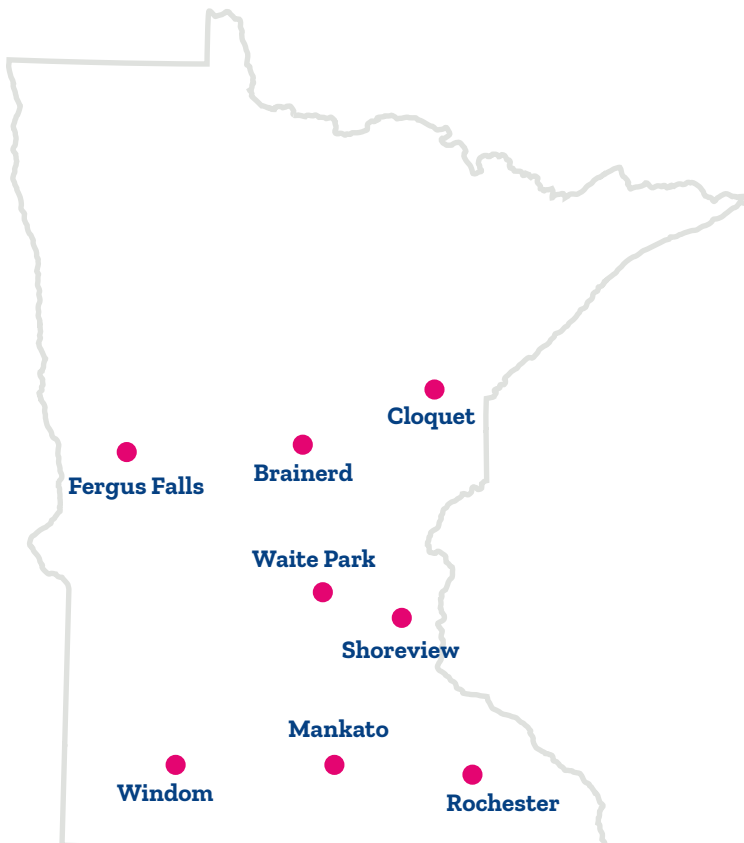
## Our Services

### Foster Care & Adoption

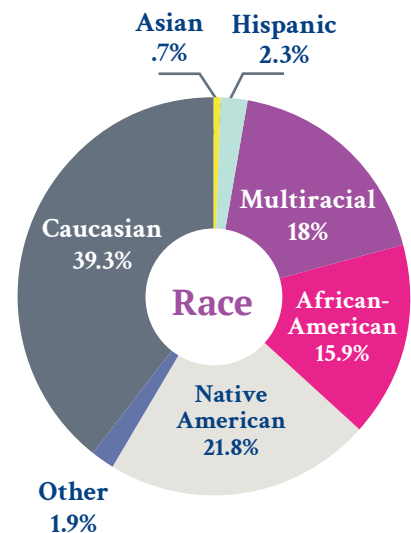
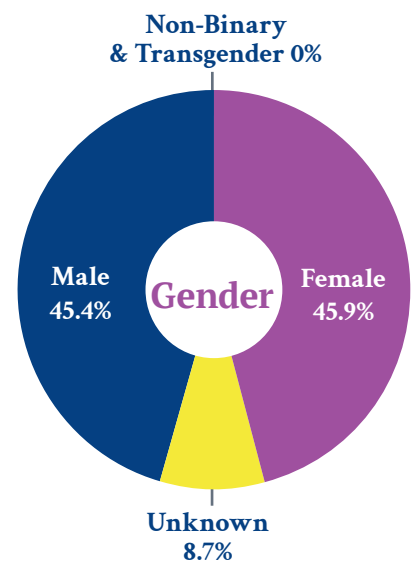
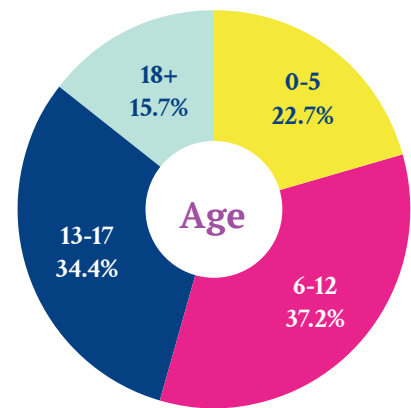
When family systems break down or a crisis occurs, we're here to help. We work tirelessly to make sure every child is cared for in a safe and secure home - whether they need short-term care while a family is in transition or a permanent place to call their own. Nexus-Kindred provides a range of foster care services, transitional supports, and adoption services.

## Where We Serve

Nexus-Kindred supports youth and foster families across Minnesota from eight regional offices.



## Who We Serve





## Building Confidence in Independence

Energetic, funny, and outgoing, Heidi\* was approaching the age of 18 and feared what her future held. After living in several different foster homes with many positive and not so positive experiences, Heidi didn't feel ready to face the transition into adulthood quite yet, she had no family support and this was her first time living on her own.

Heidi was referred to the Successful Transition to Adulthood for Youth Program (STAY) at Nexus-Kindred Family Healing where she found the extra support she needed. The STAY program, funded by the State of Minnesota, provides independent living services for youth age 14-23 who are currently or were formerly in foster care.

Her participation in the program helped her gain the skills and resources she needed to feel prepared for becoming a legal adult.

Through her time with Nexus-Kindred, Heidi has come a long way. Nexus-Kindred helped answer Heidi's questions and supported her mental health when she was experiencing stress, or just simply needed a friendly ear to listen. Heidi has learned some of the essential independent living skills like budgeting and looking for a job. Heidi is now employed as a paraprofessional in her local school district and has been living independently for two years. She loves her new job and her newfound independence.

*\*Names, images and other details have been changed to maintain privacy.*

# Financials

CURRENT ASSETS	2022	2021
Cash and cash equivalents	322,560	222,277
Accounts Receivable	565,871	440,526
Other receivables	84,865	140,725
Prepaid Expenses and the current assets	7,797	6,564
<b>Total current assets</b>	<b>981,093</b>	<b>810,092</b>

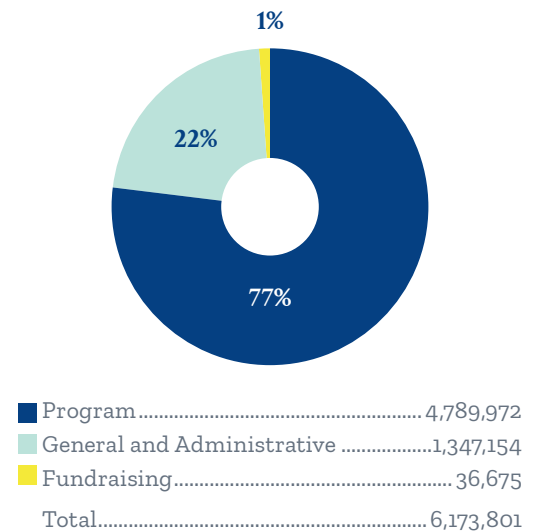
NONCURRENT ASSETS		
Property and equipment, net	19,236	27,753
Operating right of use asset	231,507	
Other assets	2,119	2,119
<b>Total noncurrent assets</b>	<b>252,862</b>	<b>29,872</b>
<b>Total assets</b>	<b>\$1,233,955</b>	<b>\$839,964</b>

CURRENT LIABILITIES		
Accounts payable	281,705	216,053
Due to affiliates	2,731,957	2,455,277
Other accrued expenses	222,106	38,809
Current maturities of operating lease liabilities	180,558	
Accrued salaries and benefits	194,815	208,655
<b>Total current liabilities</b>	<b>3,611,141</b>	<b>2,918,794</b>

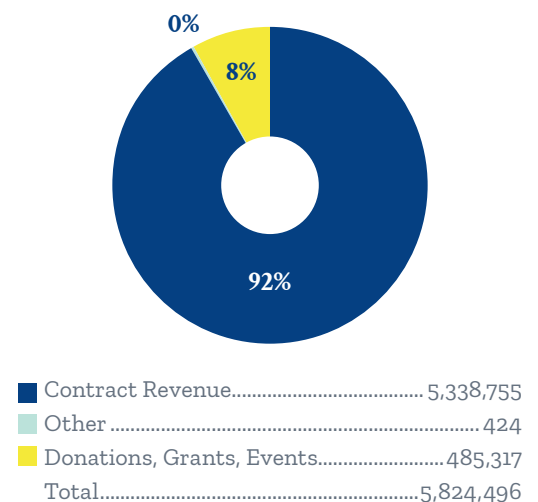
NONCURRENT LIABILITIES	
Operating lease liabilities, less current maturities	50,949

NET ASSETS		
Without donor restrictions	(2,440,602)	(2,099,173)
With donor restrictions	12,467	20,343
<b>Total net assets</b>	<b>(2,428,135)</b>	<b>(2,078,830)</b>
<b>Total liabilities and net assets</b>	<b>1,233,955</b>	<b>839,964</b>

# EXPENSES



# REVENUE





*Ticket to Dream Foundation and Famous Footwear helped us celebrate foster families with a family fun day at Valleyfair*



*“Thank you to all donors who support our youth living in foster care. It’s because of donors like you and the BK5K Youth Fund that extra support can be provided to foster care families and the children in their care.*

*Support comes in many ways and with the BK5K Youth Fund support Nexus-Kindred was able to provide items such as a playset, experiential trips, bunk beds with desks for youth in southern Minnesota counties.”*

**– Stacy Sikorski, Operations Director**  
Nexus-Kindred Family Healing

*“Now more than ever, Nexus-Kindred Family Healing is essential to those we serve. Donors make a difference in the lives of the youth and families we serve. We couldn’t do this life changing work without you. We are forever grateful.”*



**– Joelene Evenson**  
Sr. Director of Nexus Foundation



*The BK5K Committee gifted nearly \$30,000 for Nexus-Kindred youth to take part in camps, youth activities, and childcare programs.*



*Paul Zimmer and Family*

*“As a board member of Nexus-Kindred, I know the critical work and dedication of our staff and foster families and the important role that community support has on creating safe spaces and special opportunities for the youth in our care. My family and I are proud to donate to Nexus-Kindred and are grateful to all of our wonderful supporters. You make an important impact!”*

**– Paul Zimmer**  
Nexus-Kindred Board Member



“Being licensed through an agency like Nexus-Kindred makes all the difference. They provide lots of support and patience. I cannot stress that support enough.”

– Nexus-Kindred Foster and Adoptive Parent

## Nexus-Kindred Family Healing Board of Directors

**Dr. Michelle K. Murray**  
President/CEO,  
Nexus Family Healing

**Scott McGuire**  
Chief Financial Officer,  
Nexus Family Healing

**Margaret Vimont**  
Vice President of Strategy and Service  
Development, Nexus Family Healing

**Bobbi Kochevar**  
Chief Operating Officer,  
Nexus Family Healing

**Jennifer McIntosh**  
Chief Human Resources Officer,  
Nexus Family Healing

**Paul Zimmer**  
Partner  
CKZ Law Firm

## Nexus-Kindred Leadership

**Nicole Muecheck**  
Executive Director

**Karly Katchmark**  
Regional Director

**McKenzie McMillan**  
Regional Director

**Stacy Sikorski**  
Operations Director

**Gretchen Welch**  
Regional Director

**Sandra DeMarais**  
Accounting Manager

## Connect with Us!

Follow Nexus-Kindred on Facebook @NexusKindredFamilyHealing & Nexus Family Healing on     YouTube

Sign up for news and happenings at [nexusfamilyhealing.org/subscribe](https://nexusfamilyhealing.org/subscribe) >>



Visit our website at [NexusKindred.org](https://NexusKindred.org)



## No child or family is ever beyond hope.

Nexus-Kindred Family Healing is part of Nexus Family Healing, a national nonprofit network of mental health agencies with over 50 years of restoring hope for thousands of children and families through outpatient/community mental health services, foster care and adoption, and residential treatment. Whatever your needs, Nexus Family Healing is here to help. Learn more at [NexusFamilyHealing.org](https://NexusFamilyHealing.org).

### **Metro Region**

5985 Rice Creek Pkwy,  
Suite 202  
Shoreview, MN 55126  
PH: 612-331-4429

### **Admin Office**

505 Hwy 169 North,  
Suite 500  
Plymouth, MN 55447  
PH: 763-551-8640

### **Central Region**

*Brainerd*  
715 NW 7th St  
Brainerd, MN 56401  
PH: 320-529-0862

### *St. Cloud*

412 Great Oak Drive  
Waite Park, MN 56387  
PH: 320-529-0862

### **Northeast Region**

1302 Cloquet Avenue  
Cloquet, MN 55720  
PH: 218-722-6106

### **Northwest Region**

220 W Washington  
Avenue, Suite B3  
Fergus Falls, MN 56537  
PH: 218-739-3074

### **Southern Region**

*Rochester*  
1700 N Broadway, Suite 160  
Rochester, MN 55906  
PH: 507-923-4030

### *Mankato*

P.O. Box 4081  
Mankato, MN 56002  
PH: 507-401-7850

### *Windom*

PH: 507-735-2369